

Chicken Tenders

SKU	FSTEND-200
GTIN	10850015437356
Unit weight	2 lbs
Eaches per case	6
Case dimensions	16"x8"x8"
Case cube (ft)	0.575
Case weight	12 lbs
Cases per pallet	144
Weight per pallet	1000
Shelf life (months)	18

Nutrition Facts	
About 3.5 servings per container	
Serving Size	2 pieces (85)
Amount per serving	
Calories	320
% Daily Value*	
Total Fat 19g	24%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 830mg	36%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 23g	
Vitamin D 0mcg	0%
Calcium 53mg	4%
Iron 3mg	15%
Potassium 84mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Deep Fryer

Recommended

Set deep fryer temperature to **360° F**. Place chicken tenders into the deep fryer. Deep fry for **4 minutes**.

Air Fryer

Set temperature to **400° F**. Place chicken tenders in the air fryer. Cook for **10 minutes**, flipping once halfway.

Oven

Pre-heat oven to **425° F**. Place chicken tenders onto a baking sheet. Bake for **14 minutes**, flipping once halfway.

Ingredients

Water, Soy Protein Isolate, Soybean Oil, Wheat Protein Isolate, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Canola Oil.

CONTAINS 2% OR LESS OF:

Tapioca Dextrin, Cornstarch, Modified Cornstarch, Sea Salt, Yeast Extract, Maltodextrin, Natural Flavor, Onion Powder, Garlic Powder, Yellow Corn Flour, Sodium Alginate, Methylcellulose, Spice, Dextrose, Paprika, Vinegar.

↳ CONTAINS SOY AND WHEAT

